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REFERRAL CHEAT SHEET

NEED A REFERRAL FORM? GO to <https://healthymissiondietitian.com/referral-form>

ALL Patients are required to have a referral from their prescribing healthcare provider. We know that it's time-consuming working with patients,, so we try to make referring patients to a dietitian easy for you~

All you need to do is FAX us the patient's referral. We will call the patient to schedule their appointment with our dietitians. If you would like us to contact you after they have scheduled, just let us know

If you have any questions, contact our office staff at 626-268-1353 or email us at info@healthymissionrd.com

Healthy Mission Dietitian, Inc. is in network with most major insurance companies!

Each insurance plan is different but most people can work with a dietitian with little to no out of pocket cost!

Aetna - Most policies cover for patients that are overweight/obese or have a medical condition

Anthem & BCBS - Most policies cover dietitian visits!

Blue Shield of CA - Many plans cover dietitian visits, most plans will cover if patient has diabetes or CVD

Medicare + Medicare Advantage + Medicare Supplement - only covers dietitian visits if the patient has diabetes or chronic kidney disease (stage 3a, 3b, 4 or 5)

- Provider - Medicare referrals MUST be signed by an MD or DO. Medicare will not accept referrals from nurse practitioners or physician assistants
- Diagnosis code - the referral must have a diagnosis code for diabetes or CKD Stage 3a, 3b, 4, or 5
- New Referral every year - patients are required to have a new referral each calendar year. We will contact you for a new referral each year

United Healthcare - Most patients that are overweight/obese, or have a cardiovascular condition, have nutrition coverage

HMO / IPA Plans - Require an AUTHORIZATION and a referral. We are INN with Allied Pacific IPA, Greater Covina Medical Group at this time

Please reach out to us with any questions or concerns!

Thank you for trusting us with your patients' nutrition and wellness needs.

In Health & Wellness,

The Team at Healthy Mission Dietitian, Inc.

Edith Yang, RDN, CSR, CLT, FAND - Principal Dietitian and Practice Owner

Melody Meloserdoff, MS, RDN, CLT - Associate Registered Dietitian

Kristine Wong, MS, RDN, CPT - Associated Registered Dietitian

Jiralden Virdida, Administrative Assistant

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